

The First 30 Days With Your New Pet

Family Matters

The first month with a new pet is full of unforgettable moments. The first cuddle. The first walk. The first playful zoomies around the house.

It's also the month that lays the foundation for the relationship you'll share for years to come.

At Amity, we believe the goal isn't to create the perfect pet in 30 days. It's to build trust, confidence and a lifelong bond.

Give Them Time

Every pet settles differently.

Some seem at home within hours, while others need weeks to relax.

Allow them to explore their new environment at their own pace. Avoid overwhelming them with too many visitors or new experiences during the first few days.

Trust grows gradually.

Create Predictability

Pets feel safest when life is predictable.

Feed them at similar times each day, establish regular toilet breaks or litter tray routines, and keep bedtime and exercise consistent.

Routine reduces stress and helps your pet understand what to expect.

Focus on Relationships Before Rules

Training is important, but relationships come first.

Spend time playing, gently handling and simply being together.

Your pet learns far more from feeling safe and understood than from being corrected.

A strong relationship makes every aspect of future training easier.

Introduce New Experiences Gradually

Help your pet experience the world positively.

For puppies, this means meeting friendly people, hearing different sounds and exploring new places safely.

For kittens, gentle handling, household noises and positive interactions help build lifelong confidence.

Go at your pet's pace. Confidence grows through positive experiences, not pressure.

Prioritise Health

Arrange your pet's first veterinary health check if you haven't already done so.

This is the perfect opportunity to discuss nutrition, behaviour, vaccinations, parasite prevention, insurance and any questions you may have.

At Amity, **Amity Essential Membership includes unlimited health checks**, so we're always here if something doesn't seem quite right—or if you simply need reassurance.

Celebrate Progress

There will be accidents.

There may be sleepless nights.

Your furniture might not survive completely unscathed.

That's all part of welcoming a young animal into your family.

Instead of striving for perfection, celebrate the small victories: the first successful toilet trip, the first recall, the first purr on your lap or the first relaxed nap in their new home.

These moments are the beginning of something special.

The first 30 days aren't about creating a perfect pet.

They're about becoming a family.

Because one day you'll look back and realise these ordinary days were the start of an extraordinary friendship.

Family Matters.

If you need more information, book an appointment with an Amity vet. We're here to Empower You Through Education and help you become your pet's greatest advocate.