

Helping Your Senior Pet Stay Comfortable

Family Matters

Growing older is a privilege.

As our pets enter their senior years, they may move a little slower, sleep a little longer and prefer a quieter pace of life. While ageing is perfectly natural, discomfort shouldn't be accepted as "just old age."

At Amity, we believe every pet deserves to enjoy their golden years with comfort, dignity and the best possible quality of life. Our purpose is to **Empower You Through Education**, helping you recognise the small changes that can make a big difference.

Comfort Begins With Understanding

Senior pets rarely tell us they're uncomfortable.

Instead, they adapt.

They may stop jumping onto the sofa.

Walk more slowly.

Sleep downstairs instead of climbing the stairs.

Or simply seem less interested in activities they once loved.

These aren't always signs of ageing—they're often signs that something hurts.

Look for the Little Changes

Many older pets experience subtle changes long before obvious pain develops.

You might notice:

- Taking longer to get up.
- Hesitating before jumping.
- Slipping on smooth floors.
- Sleeping more.
- Becoming quieter.
- Licking joints more often.
- Becoming grumpier when handled.
- Reluctance to go for walks.
- Changes in appetite or drinking.

These changes deserve attention, not dismissal.

Pain Can Usually Be Managed

Arthritis is one of the most common causes of discomfort in older pets, but it's far from the only one.

Dental disease, spinal problems, heart disease and many other conditions can affect comfort and mobility.

The good news is that many of these conditions can be managed successfully.

Modern veterinary medicine offers pain relief, joint supplements, weight management, physiotherapy, hydrotherapy, laser therapy and other treatments that can significantly improve quality of life.

Growing older doesn't have to mean living in pain.

Small Changes at Home Make a Big Difference

Simple adjustments can greatly improve your senior pet's comfort.

Consider:

- Soft, supportive bedding.
- Non-slip rugs on slippery floors.
- Ramps instead of steps.
- Raised food and water bowls where appropriate.
- Shorter, more frequent walks.
- Maintaining a healthy body weight.

Often it's these small daily changes that have the biggest impact.

Regular Health Checks Matter More Than Ever

As pets age, health can change more quickly.

Regular examinations help us detect problems before they become advanced, monitor ongoing conditions and adjust treatment as your pet's needs evolve.

That's why **Amity Essential Membership includes unlimited health checks**. We'd much rather help your pet stay comfortable than wait until discomfort affects their quality of life.

Every Day Matters

Your senior pet doesn't count birthdays.

They simply enjoy today.

A comfortable walk.

A favourite meal.

A peaceful nap in the sunshine.

A cuddle beside the people they love.

Our goal isn't simply to help pets live longer.

It's to help them **live better**.

Because the greatest gift we can give our older companions isn't just more time.

It's making sure the time they have is filled with comfort, happiness and love.

Because they're not just your pet.

They're family.

Family Matters.

If you need more information, book an appointment with an Amity vet. We're here to Empower You Through Education and help you become your pet's greatest advocate.