

First-Time Kitten Parent Guide

Family Matters

Bringing home a kitten is the start of an incredible journey. Before long, they'll be curling up on your lap, greeting you at the door and becoming a cherished member of your family.

The first few weeks are exciting, but they can also feel overwhelming. At Amity, we believe the best gift you can give your kitten isn't the most expensive bed or toy—it's understanding.

That's why our purpose is simple: **Empower You Through Education.**

Let Your Kitten Settle In

Everything is new to your kitten. New sights, new smells, new people and a completely unfamiliar environment can feel overwhelming.

Prepare one quiet room where your kitten has everything they need: food, water, a litter tray, comfortable bedding and somewhere to hide if they feel unsure.

Allow them to explore at their own pace. Some kittens settle within hours, while others need several days to build confidence.

Build Trust Early

Cats thrive when they feel safe.

Spend time sitting quietly with your kitten, allowing them to approach you when they're ready. Gentle handling, play and positive experiences help build trust that will last a lifetime.

Remember, you're not simply training your kitten to live in your home—you're building a lifelong relationship.

Play Is Essential

Play isn't just fun.

It's how kittens learn confidence, coordination and natural hunting behaviours.

Short, frequent play sessions with toys that encourage chasing and pouncing provide valuable mental and physical stimulation. Finish each session by allowing your kitten to "catch" their toy, giving them a sense of achievement.

Think Like a Cat

Cats love to climb, scratch, hide and observe.

Provide scratching posts, elevated resting places and quiet hiding spots throughout your home. These simple additions reduce stress and help your kitten feel secure.

Scratching isn't bad behaviour—it's normal feline behaviour. Giving your kitten appropriate places to scratch protects both your furniture and their wellbeing.

Protect Their Health

Your kitten's first few months are an important time for preventative healthcare.

Vaccinations, parasite prevention, microchipping, neutering, good nutrition and regular health checks all help give them the healthiest possible start in life.

At Amity, **Amity Essential Membership includes unlimited health checks**, so if you ever have questions or notice something that concerns you, we'd much rather see your kitten early than have you worry at home.

No question is ever too small.

Enjoy Every Stage

Kittenhood passes surprisingly quickly.

Take photographs.

Laugh at the midnight zoomies.

Celebrate their first purr, their first confident jump and the moment they finally curl up beside you.

These seemingly ordinary moments become extraordinary memories.

The Best Gift You Can Give Your Kitten

Your kitten doesn't expect perfection.

They simply need love, patience, routine and someone willing to keep learning alongside them.

The more you understand your kitten's behaviour, health and needs, the happier and healthier they'll be throughout their life.

Because you're not simply bringing home a kitten.

You're welcoming a new member into your family.

And at Amity, we'll be here to support you every step of the way.

Family Matters.

If you need more information, book an appointment with an Amity vet. We're here to Empower You Through Education and help you become your kitten's greatest advocate.