

Ageing Gracefully: Caring for Senior Pets

Family Matters

One of the greatest privileges of sharing your life with a pet is watching them grow from playful youngsters into wise old companions. The grey hairs around their muzzle, the slower walks and the extra naps are all reminders of the wonderful years you've shared together.

Growing older isn't a disease—it's a natural part of life. Our goal isn't to stop ageing; it's to help your pet **age gracefully**, comfortably and with the very best quality of life.

At Amity, we believe that every stage of life deserves to be enjoyed. Through education, we can help you recognise the changes that are normal, identify those that aren't, and ensure your pet enjoys their golden years to the fullest.

Growing Older Doesn't Mean Slowing Down Completely

Many guardians assume that slowing down is simply "old age."

Sometimes it is.

But sometimes it's arthritis, dental pain, heart disease, hormonal conditions or another medical problem that can often be improved with treatment.

Growing older should never mean accepting unnecessary discomfort.

Small Changes Matter

Senior pets rarely become ill overnight.

Instead, you may notice subtle changes such as:

- Sleeping more.
- Taking longer to get up.
- Hesitating before jumping or climbing stairs.
- Drinking more water.
- Losing or gaining weight.
- Changes in appetite.
- Becoming more clingy—or more withdrawn.
- Forgetting familiar routines.
- Developing cloudy eyes or reduced hearing.

These changes are your pet's way of communicating with you. The sooner they're recognised, the sooner we can help.

Prevention Becomes Even More Important

As pets age, regular health checks become increasingly valuable. Many conditions can be managed successfully if detected early, helping your pet stay active and comfortable for much longer.

Good nutrition, maintaining a healthy weight, dental care, appropriate exercise and parasite prevention all continue to play an important role throughout your pet's senior years.

At Amity, **unlimited health checks are included with our Amity Essential Membership**, making it easy to have any concerns assessed before they become bigger problems.

Quality of Life Is Our Priority

Our aim isn't simply to help pets live longer.

It's to help them **live better**.

That means ensuring they remain comfortable, mobile, interested in life and able to enjoy the things they love most—whether that's chasing a ball, curling up on your lap or greeting you at the door after a long day.

Sometimes small changes, simple treatments or adjustments at home can make a remarkable difference to your pet's comfort and happiness.

Treasure Every Moment

Senior pets have a wonderful way of teaching us to slow down and appreciate the little things. They ask for very little in return for a lifetime of unconditional love.

Spend the extra few minutes on that walk.

Give the extra cuddle.

Take the photographs.

Cherish the quiet moments together.

One day, those ordinary moments will become your most precious memories.

Because your pet has never counted the years.

They've only counted the moments they spent with you.

And that's why we'll always believe...

Family Matters.

If you need more information, book an appointment with an Amity vet. We're here to Empower You Through Education and help you become your pet's greatest advocate.