

10 Mistakes Cat Guardians Make

Family Matters

Cats are often seen as independent creatures, but they still rely on us to keep them healthy, happy and safe. At Amity, we believe the more you understand your cat, the better life will be for both of you.

Here are ten common mistakes we see—and how to avoid them.

1. Assuming Cats Don't Need Regular Vet Checks

Cats are masters at hiding illness. By the time they show obvious signs, they may already be quite unwell. Regular health checks help detect problems early, when they're often easier to treat.

2. Not Having Good Insurance

No one expects their cat to become seriously ill or injured, but it happens. Good insurance gives you the freedom to make decisions based on what's best for your cat, rather than what you can afford at the time.

3. Underestimating Weight Gain

A few extra pounds may seem harmless, but obesity increases the risk of diabetes, arthritis and other health problems. Prevention is always easier than weight loss.

4. Ignoring Dental Health

Bad breath isn't normal. Dental disease is common, painful and can affect your cat's overall health. Healthy teeth mean a happier cat.

5. Assuming Indoor Cats Don't Need Preventative Care

Even indoor cats can pick up parasites, develop illnesses or become injured. Vaccinations, parasite control and routine healthcare remain important.

6. Missing Changes in Behaviour

A cat that hides more, eats less, drinks more or becomes less affectionate is often trying to tell you something. Behavioural changes are frequently the first sign of illness.

7. Not Providing Enough Enrichment

Cats need more than food and a comfortable bed. Scratching posts, climbing spaces, toys and opportunities to hunt and explore help keep them physically and mentally healthy.

8. Expecting Cats to Behave Like Dogs

Cats show affection differently. Respecting their need for choice, personal space and quiet time helps build trust and strengthens your relationship.

9. Waiting Too Long Before Seeking Advice

Many owners hope a problem will simply resolve on its own. Sometimes it does—but sometimes valuable time is lost. If you're worried, ask. We'd much rather reassure you than see your cat later with a more advanced problem.

10. Forgetting That Cats Are Family

Your cat isn't just another pet. They are a companion who may share your life for 15 to 20 years. Investing time, love and preventative healthcare today helps create many happy tomorrows.

Knowledge Is the Greatest Gift

Cats can't tell us when something is wrong. They depend on us to notice the little things, ask questions and make informed decisions on their behalf.

At Amity, we believe **knowledge empowers confidence**, and confident guardians make the very best decisions for their pets.

Because at the end of the day...

Family Matters.

If you need more information, book an appointment with an Amity vet. We're here to Empower You Through Education and help you become your cat's greatest advocate.